

# Healing with the Ancestors

[www.johnlpayne.com](http://www.johnlpayne.com)

## A Shamanistic Approach to Trans-Generational Healing and Family Constellations

With more than 350 workshops, four published titles and many years experience with Family Constellation work, John L. Payne will take you on a journey into the realm where the Ancestors Speak. Steeped in thousands of years of tradition, shamanic ritual can unlock keys to healing, revealing both unconscious wounding and the longing of the soul.

This weekend will be filled with ritual, trance dance, journeying, Family Constellations and personal process work which will give you the opportunity to release long held limiting patterns and beliefs.

### Why You Can Benefit

In almost every family there are events that have happened that can disturb the harmony of the family. It is important that no one is ever forgotten or shut out of a family. On every level there is a need for balance between giving and receiving (between individuals, families & larger groups such as nations).

Without us being aware of it, many of us can and do carry the life patterns, belief systems and traumas of our ancestors and live them as if our own. Plus, there are certain events that have a deep residual impact on family members, such as:

- An early death of parents or grandparents
- Tragic accidents where a member of the family has died
- Divorce
- Immigration / Emigration
- Miscarriages, Stillbirths, Abortions, Death of a Child
- A member of the family forced into the role of "Black Sheep"
- War
- Holocaust Survivor Guilt/Loss
- Descendants of Jewish Pogroms
- Descendants of Australian Aboriginals
- Adoptions
- A mother that dies during childbirth

Each of these events can and often do interrupt what have been called 'The Orders of Love', resulting in us not receiving what we needed as children or as adults – this in turn can lead to wounding that becomes a frozen or withdrawn place within us keeping us away from expressing our true selves, reaching our goals and having the types of relationships we desire.

John Payne was initiated into the world of shamanism and Africa under the guidance of a Sangoma (S. Africa) and continues to work with Native American Shamans to deepen his experience. He is a gifted healer, intuitive and channel for spiritual guidance and healing energies. After having had four books published and presented more than 350 workshops on 5 continents, he now comes to our shores in Australia to share his depth of experience in the healing arts.

If you are ready to deepen your personal development, find healing solutions that have been difficult to identify, or simply to take your first or next step into a broader world of healing, then this workshop is definitely for you.